

Township Times

www.boontontownship.com



BOONTON TOWNSHIP

October 2016

SENIOR NEWS

As you age, one of the most important things you can do for your health is to **remain active**. Below are some suggestions for you to get out and enjoy the refreshing autumn afternoons.

- **Go for a walk:** Take the time to enjoy the weather and the fall colors before it gets too chilly.
- **Go apple picking:** If apple picking is too strenuous an activity, bring a friend, child or grandchild with you.
- **Decorate your front door:** Get festive and buy or make a wreath, set up a scarecrow, carve a pumpkin.
- **Attend a fall festival:** Check the local newspapers for one nearby – there are quite a few.

You can also enjoy the season from the comfort of your home:

- **Make apple cider:** Enjoy a warm cup of cider on a cool day.
- **Stay in touch:** Send cards or write letters to friends and family.
- **Build a fire:** Curl up by a fire with a good book.
- **Root for your favorite football team:** If it's fall, it's time for football – high school, college or pro.



BOY SCOUTS OF AMERICA®

Visit our local township **Cub Scout Pack 69** or **Boy Scout Troop 69** now and join us for our upcoming adventures.

Pack 69 is currently seeking boys in Grades 1-5 to join the program. Pack meetings are held monthly at the Parish House on the second Tuesday of the month at 6:45pm. Upcoming activities include:

- Tuesday, October 11 - Pack Meeting (Theme - Kind - Creepy Crawlers)
- Saturday, October 15 - Scout Day at West Point (Army vs. Lafayette)
- Saturday, October (TBD) - Archery at Kokora Fields
- Tuesday, November 8 - Pack Meeting (Theme - Courteous - Cubs in Shining Armor)
- Saturday, November 19-20 Camp Wheeler
- Tuesday, December 13 - Pack Meeting (Theme - Courteous - Cubs in Shining Armor)

For more information about the Cub Scout program, please contact Cubmaster Keith Donnelly (donnellykeith50@gmail.com)

Troop 69 2016 Fall/Winter Highlights

- September 16-18 Annapolis Naval Academy & Orioles Baseball Game
- September 30-October 2 Camp Sikorsky 2016
- October 14-16 West Point Football & Camp Bullowa (With Webelos)
- November 11-13 Camp Glen Gray Pioneering Weekend & Thunder Mountain
- December 9-11 Alpine Scout Camp Cabins & Palisades Park Hike

Check Troop website for events www.rockawayvalleytroop69.org or email Scoutmaster Tony Picciuti (tpicciuti@gmail.com) for more information.





UPCOMING HEALTH CLINICS

Unless otherwise noted, all health clinics are held at the MONTVILLE Township Health Department located at 195 Changebridge Road, Montville NJ 973-331-3316

SMAC Blood Screening/Health Fair -
October 22, 8AM-11AM, \$22.00

FLU CLINIC: October 20th 4:00 to 6:00 PM
At the Boonton Township Municipal Building
\$25.00 fee
no appointment necessary



RABIES CLINIC

Saturday November 5, 2016
NOON TO 2:00 PM

Bring your cats and dogs to the Township rabies clinic, located at the municipal building. Be certain your dog is on a leash and your cat is in a carrier.



Sustainable Boonton
Township
*...news from the
Green Team*



As you wait to pick up your children from school or sports — turn off your car!!

SEVEN REASONS NOT TO IDLE:

1. Idling for *10 seconds* uses more gasoline than restarting your car.
2. Idling for *10 minutes* uses as much fuel as it takes to travel five (5) miles.
3. Children are especially vulnerable to air pollution. They breathe faster than adults, inhale more air per pound of body weight, and stand at tailpipe level.
4. You are not safe from air pollution inside an idling vehicle. Exposure to some pollutants is actually higher inside an idling vehicle than at the roadside.
5. It only takes 30 seconds to warm up your car and start driving on cold days.
6. Idling vehicles emit 20 times more pollution than one traveling at 30 miles per hour.
7. Idling your vehicle for more than 3 minutes is against the law in New Jersey.

Interested in joining the Green Team?
contact the Township Administrator:
bshepard@boontontownship.com



**ROCKAWAY
VALLEY
GARDEN CLUB**



On Tuesday, October 11 at 11:00 am the Rockaway Valley Garden Club will hold a free program about worm composting. Gavin Ciccia, owner of Jersey Worms and this year's winner of our RVGC Scholarship, will teach us about Mother Nature's greatest fertilizer, worm castings. He will educate and show us the benefits of worm farming. Gavin will show us how to build a worm bin. He supplies local garden centers with castings and worms for the plants on their shelves and customers.

On Tuesday, November 1 at 11:00 am the Rockaway Valley Garden Club will hold a free program titled "Creative Intention" presented by Patti Bowman. Patti is a graduate of NY Botanical Gardens Floral Design Program, a National Garden Club Accredited Judge and an award winning floral designer. She will teach us about the elements and principles of design as she creates innovative seasonal floral designs.

The Rockaway Valley Garden Club generally meets the 2nd Tuesday of the month. Meetings begin at 10:00 am (with coffee at 9:30 am) and are held at the Boonton Township Municipal Building, 155 Powerville Rd. Guests are always welcome and we encourage you to join us to see what we are about. Check us out at rockawayvalleygardenclub.org or on Facebook at <https://www.facebook.com/rockawayvalleygc/>



HISTORICAL SOCIETY

HISTORICAL SOCIETY MEMBERSHIP DRIVE

The Historical Society of Boonton Township welcomes new members and volunteers for 2016/17. Anyone wishing to join us and support the community is always appreciated. Hours are flexible at the Oscar A. Kincaid Home of History for tours and special events. If you would like to speak to someone about your particular interest or need more information, please feel free to call Gail Kuchavik, Board of Trustee member at any time (973-647-7995). We look forward to hearing from you. Help us preserve the history of our community that is steeped in historical facts and stories.

GRANT WRITER SOUGHT

The Historical Society has many opportunities to apply for Grants offered by Morris County, the State of New Jersey and many history-interested groups and organizations. It is seeking to have someone with experience in writing grant applications or someone who is interested in learning this activity. It does not require a tremendous amount of time, but these applications provide the life-blood of the organization that seeks this kind of support to accomplish many of the projects it wishes to complete to enhance the richness of its programs and upkeep of its prized restored Oscar A. Kincaid Home of History. Since the Society purchased the Kincaid homestead from the estate of Oscar Kincaid in 2002, it has been very successful in obtaining Grants from the Morris County Historical Preservation Trust which funded the entire restoration of the Home of History along with tremendous support from friends of the Society and residents of Boonton Township. It is with this background that it now seeks a volunteer to help it in handling its Grant writing projects in the future. Anyone interested in helping with this activity can contact Society President Barry Brantner, at 973-334-0464.

HISTORICAL SOCIETY

(continued)

UPCOMING EVENTS

SATURDAY, NOV. 12 The Society will conduct a hike to Hog Pens. Check website for details.

THURSDAY, DEC. 1 Hear the fascinating story of Charles Fern Hopkins, a Hero of the Boontons, who at age 14, shuttled runaway slaves by buggy from the Powerville Hotel through dark dangerous woods to the next station on New Jersey's Underground Railway. He was wounded in the Civil War and was interned at the infamous Andersonville Confederate prison. For his selfless heroism in rescuing a fallen comrade, Corporal Hopkins was awarded the Congressional Medal of Honor. Learn the story of this exceptional man as related by his great-grandson, Charles Maraziti at 7p.m., Thurs., Dec. 1, at the Boonton Township Municipal Building.

SATURDAY, JAN. 7 The Society will hold its Third Annual "Hike and Hot Dogs" event with an "easy hike" followed by hot dogs and marshmallows cooked on an open fire at the Oscar A. Kincaid Home of History, where participants can meet at 10a.m., Sat., Jan 7th. The hike will take a guided tour of the surrounding areas of the Kincaid homestead. Dress appropriately for the weather.

R **Health Matters:**
A Simple Prescription for Health

Protect Food and Water during Storms



Extreme weather sometimes wreaks havoc when it strikes our communities. Floods and power outages from hurricanes and snow storms can cut off water supplies and quickly contaminate food. There are steps you can take before the storm to preserve your food and water during storms. Preparing for unpredictable weather emergencies includes having supplies on hand. The FDA (Food and Drug Administration) recommends having these supplies:

- Thermometers in the freezer and refrigerator to help monitor temperatures especially with a power outage.
- Containers of ice to keep food cold or to melt if water supply is contaminated or unavailable.
- Coolers, frozen gel packs and dry ice to keep refrigerated food at or below 40° F and frozen food at or below zero F if power is out for more than 4 hours
- Bottled water
- Nonperishable food high on shelves, in case of flood.
- Manual can opener
- Bleach for disinfecting
- For more information, visit [FDA](#).



BOONTON TOWNSHIP POLICE DEPARTMENT

The fall season typically marks a busy time of the year for the Boonton Township Police Department. Our agency is particularly active in Rockaway Valley School as well as Mountain Lakes High School this time each year. The start of the school year at RVS means that the Boonton Township DARE program is once again underway. This program which is offered to 5th and 7th grade students, gives children the tools and education they need to resist drugs, alcohol and violence. This year is particularly special as it marks the 25th consecutive anniversary of the Boonton Township DARE program. The Boonton Township Police Department will continue to dedicate our efforts to this fantastic program and make every effort to ensure its continued success.

Also this fall, the Boonton Township Police Department will be hosting our annual "Alive at 25" safe driving program at Mountain Lakes High School. The name of this program stems from the sad reality that the overwhelming majority of fatal motor vehicle collisions each year involve youth under the age of 25. This program is held annually and covers safe driving practices, probationary driver rules and restrictions, and helpful tips on

POLICE DEPARTMENT (continued)

how parents can partner with their teens throughout the new driver process.

Lastly, on Saturday October 22, 2016 the Boonton Township Police Department in partnership with the United States Drug Enforcement Agency will be participating in “Operation Take Back.” This is a program which allows residents to get rid of unused or unwanted prescription drugs in a safe manner. This is a truly phenomenal program which addresses a vital public safety and public health issue. Many Americans are not aware that medicines that languish in home cabinets are highly susceptible to diversion, misuse, and abuse. Rates of prescription drug abuse in the U.S. are at alarming rates, as are the number of accidental poisonings and overdoses due to these drugs. Studies show that many abused prescription drugs are obtained from family and friends, including from the home medicine cabinet. In addition, many Americans do not know how to properly dispose of their unused medicine, often flushing them down the toilet or throwing them away – both potential safety and health hazards. On Saturday October 22nd, the Boonton Township Police Department will be designated as a collection site for unused and unwanted prescription drugs. The drop-off times will be between 10am and 2pm in the Boonton Township Police Department lobby. A member of the Boonton Township Police Department will be present to assist with the collection of your prescription medications.



Did You Know?

If you blow or rake leaves and grass clippings into a stream or any other waterway, you can harm plants and wildlife. This can also contribute to the growth of algae. Leaves and grass clippings can also carry fertilizers and pesticides from your yard and deposit them in streams and ponds. Piles of leaves and grass clippings will overload a stream's ability to process leaf litter, causing nutrient pollution and oxygen depletion. Consider recycling your leaves by using them as a base for a new compost pile or chopping leaves (with a lawn mower or shredder) for mulch around shrubs or on planting beds.

—The Boonton Township Environmental Committee



RECYCLING REMINDERS

Please Recycle your Rechargeable Batteries at the Boonton Township Municipal Building. Look for the **Call 2 Recycle** cardboard box located inside the back door of the building.

Spotlight On Our Schools

Rockaway Valley School

www.rvsnj.org

October 2016

From the Desk of the Superintendent/Principal:

We're off to a great start at Rockaway Valley School. The summer flew by quickly as the administrative and facility teams conjured up schedules, articulated programing, registered new students, cleaned, moved, polished, met state reporting deadlines and so much more.

We welcomed three new teachers: Ms. Sara Haase in Vocal/General Music; Mrs. Marie Collinson in 5th/6th Grade Science; and Mrs. Karen Carter in the 7th Grade Resource Room. Students returned on September 6 and enthusiastically dove into this years' studies. I'm encouraged by everyone's cooperation and diligence so far.

Last school year our overarching theme was Excellence. We used that as our goal in all that we undertook, realizing that striving for excellence is the mark of a true achiever. This year we are building on that concept by focusing on Teamwork. After all, it's hard to achieve excellence on your own; working together, we stand a better chance. We apply this idea to schoolwork, clubs and teams and the way we interact with one another on the playground and inside the building.

As we look ahead to the rest of this school year, I'm anticipating growing our focus in the STEAM areas (Science, Technology, Engineering, Art, Mathematics). Our teachers will be infusing STEAM concepts throughout the year across the entire curriculum. We have introduced a new on-line Geometry Program for students who met a variety of criteria for inclusion. Our Green Team continues on its quest to make RVS as sustainable an environment as possible and I'm sure they will have more suggestions for us this year to build on last year's great start of composting and monitoring for energy waste. This year RVS received a grant to participate in the Healthy U program based on CATCH (Coordinated Approach to Child Health). The Wellness Team that has been put in place will work with staff and students to improve fitness

Spotlight On Our Schools

and nutrition choices and reduce/prevent obesity by incorporating simple strategies like increasing active playtime, choosing veggies over sugary snacks and reducing “screen time.” This is an important initiative in creating life-long healthy habits for our students.

It’s been wonderful seeing so many parents at our September Back-to-School nights and out supporting our Fall teams at both soccer games and cross country meets.

I invite you to find and like Rockaway Valley School on Facebook to keep up with the latest news and happenings at school. Parents are encouraged to check the website and virtual backpack. You can follow us on Twitter too (@rvsfalconpride).

It’s going to be an outstanding year and I look forward to updating you with lots of exciting achievements as the months go by. Don’t forget that Teamwork is our theme and I’m grateful that our “team” extends to the wider RVS community in Boonton Township and beyond.

~ Christian Angelillo, Ed.D

Boonton Township Parents who might have a handicapped child can get free help from our public school’s Child Study Team. Our school district has a mandate to locate and provide services for children between the ages of 3 to 21 who might have a physical, mental, language, or emotional difficulties. Evaluation, professional guidance, and an educational program (if needed) are available free of charge if the student is deemed eligible. For information, call:

Mrs. Christine Voorhees, Director of Special Services
Boonton Township Public School
11 Valley Road
Boonton Township, New Jersey 07005
(973) 334-4162 x-370



Boonton Township Recreation Newsletter



Township Picnic

Thank you to all who attended the Township Picnic on Saturday, September 10th. We hope you had a wonderful day. Thank you to all the volunteers that helped make this day such a great success. We could not have done it without you. We truly appreciate the generosity and support of our all local sponsor. A great big thanks to Al Nelson Water Services, The Liquor Outlet, Lakeland Bank, Mr. John's Catering, Baker's Perfection, Jansen and DeBona Attorneys, Cabana Family Dental and Lakeland Hills YMCA.

Halloween Tailgate

Save the date! Friday, October 28th (Rain date: Saturday, October 29th) at RVA Fields. The Recreation Department along with the Home and School Association are busy creating a "Spook-tacular" Halloween Tailgate. The fun-filled evening will entail trick-or-treat tailgating, DJ, and refreshments including chili, hotdogs, drinks and sweets. Tailgate participants, bakers, and candy donations are needed.

Jr. Laker Wrestling

Open to all Boonton Township and Mountain Lakes children in grades 1st-8th \$130 per wrestler/ \$210 Family Maximum. Forms are located at Town Hall. Practices will begin in November.

Adult Basketball

Interested in picking up a game of basketball? Head on over to RVS on Tuesday nights from 7:30-9:30. All adults are welcome!

Girls Open Gym Basketball

Open gym basketball for girls 6-8th grade 6:30-8:30 at RVS gym October - December. Wednesday evenings

Girls and Boys Basketball Leagues

Starting in late November we will be forming girls and boys basketball teams for Grades 4 – 6. Registration forms will be out soon. Parent volunteers are needed to help coach teams. Please contact the Recreation Director if you are interested

Adult Yoga

A six week Monday and/or Wednesday evening yoga program will be held from 7:30-8:45pm, September 19th- October 28th at \$65 per person. Classes will be held at Rockaway Valley School. New participants are welcome at any time!

Ladies Town Club

The Boonton Township Ladies Town Club is a group of women who meet monthly to socialize, network and participate in community service projects in Morris County. To join, please email Ellen Hardy at hardy.ellen@gmail.com or call 973-257-9155.

Mountain Creek Season Passes

Ski season is right around the corner! Discounted season passes are now available! Purchase your season passes on line at www.mountaincreek.com/membersignup

We would like your email!

Would you like to receive recreation fliers and newsletters? Please email the Recreation Director if you would like to be on the email list.



Mosquito season doesn't end with the summer. It continues until the weather gets colder. Remember to protect yourself and your family from mosquito bites that may carry disease. Mosquito bite prevention begins with you.

Mosquito Bite Prevention (United States)

Not all mosquitoes are the same. Different mosquitoes spread different viruses and bite at different times of the day.

Type of Mosquito	Viruses spread	Biting habits
 <i>Aedes aegypti</i> , <i>Aedes albopictus</i>	Chikungunya, Dengue, Zika	Daytime
 <i>Culex</i> species	West Nile	Dusk (evening) to dawn (morning)

Protect yourself and your family from mosquito bites

Use insect repellent

Use an Environmental Protection Agency (EPA)-registered insect repellent with one of the following active ingredients. All EPA-registered insect repellents are evaluated for safety and effectiveness.

Active ingredient

Higher percentages of active ingredient provide longer protection

DEET

Picaridin, also known as **KBR 3023**, **Bayrepel**, and **icaridin**

Oil of **lemon eucalyptus** (OLE) or **para-menthane-diol** (PMD)

IR3535

Some brand name examples*

Off!, Cutter, Sawyer, Ultrathon

Cutter Advanced, Skin So Soft Bug Guard Plus, Autan (outside the United States)

Repel

Skin So Soft Bug Guard Plus Expedition, SkinSmart



* Insect repellent brand names are provided for your information only. The Centers for Disease Control and Prevention and the U.S. Department of Health and Human Services cannot recommend or endorse any name brand products.



UPCOMING EVENTS

For a complete listing of events go to the
Township Website:
www.boontontownship.com

Meetings

Oct 3	Planning Board	7:30 pm
Oct 5	Township Committee	7:00 PM
Oct 10	Board of Health	7:30pm
	Township Committee	8:00pm
Nov 7	Planning Board	7:30pm
Nov 9	Township Committee	7:00 pm
Nov 12	Board of Health	7:30pm
	Township Committee	8:00pm
Dec 5	Planning Board	7:30pm
Dec 7	Township Committee	7:00 pm
Dec 12	Board of Health	7:30pm
	Township Committee	8:00pm

Recreation

October 28—Halloween Tailgate—RVA Fields

Recycling

Depot:

October 13 and 27
November 12 & 26
December 10 & 24

Curbside

October 6 and 20
November 3 and 17
December 1, 15 & 29

OTHER IMPORTANT DATES

Election Day—November 8 6AM-8PM

All voting at the Municipal Building